



**EQUESTRIAN  
CANADA  
ÉQUESTRE**

**2018 PARA-DRESSAGE**

**VIDEO COMPETITION**

**BRINGING THE COMPETITION TO YOU!**

# TABLE OF CONTENTS

SECTION 1: ABOUT PARA-DRESSAGE VIDEO COMPETITIONS .....	3
SECTION 2: PARA-DRESSAGE VIDEO COMPETITION RULES .....	4
SECTION 3: HOW TO CREATE A YOUTUBE ACCOUNT .....	6
SECTION 4: VIDEO COMPETITION ENTRY PROCESS AND CHECKLIST .....	6
SECTION 5: PARA-DRESSAGE VIDEO COMPETITION ONLINE APPLICATION FORM.....	8
SECTION 6: PARA-DRESSAGE CLASS INFORMATION .....	9
SECTION 7: PARA-DRESSAGE CLASS LIST.....	9

# SECTION 1: ABOUT PARA-EQUESTRIAN VIDEO COMPETITIONS

## What are video competitions?

Video competitions provide riders of all levels and abilities with the opportunity to experience competition conditions in the comfort of their home stable and on a familiar horse. Riders are judged by dressage judges against other similar riders across Canada and are eligible to place and win great prizes.

Video competitions encourage riders to develop effective riding skills and provide riders with the opportunity to compete in a progressive and structured environment. Video competitions are a fantastic way to ensure that all riders across Canada, no matter how isolated, have the chance to compete. Competition is an integral part of athlete development and provides riders with new goals as well as a sense of empowerment and accomplishment.

To participate, riders simply have themselves recorded performing a specific dressage test and upload it to the secure Equestrian Canada server, along with an online registration form and the appropriate entry fees.

Riders do not need to be classified in order to compete and the classes are open to riders with physical and intellectual impairments.

The results and video entries of each competition will be posted on the Equestrian Canada website at: <https://www.equestrian.ca/sport/para-equestrian/programs>. Prizes will be awarded to competitors who finish in the top three places in their class for each competition. Each competitor will receive a copy of the judge's scores and comments for their test.

Riders are encouraged to compete at the highest level of their current riding ability allowing them to develop effective riding skills to progress to structured levels of competition.

The cost is \$40.00 per class.

## Who is eligible to enter video competitions?

All riders with a physical and/or intellectual impairment are welcome to compete in the video competitions.

## Do riders need specific tack or show attire to compete?

English tack must be used as well as any adaptive equipment that is required. Tack must be safe and comfortable for both horse and rider. The rider must not be attached to the horse or saddle in any way that is deemed unsafe, as per the Rule of Equestrian Canada, under Section E (Dressage rules). Rules are available online at <https://www.equestrian.ca/sport/para-equestrian/programs>.

## High Point Championships

A rider who has entered a minimum of three competitions in a yearly series is eligible for High Point Champion. Points will be awarded based on the finish position in their division. At the end of the year points will be added up and the top point getter will be acknowledged with a prize and/or trophy.

Points will be awarded as follows: 1<sup>st</sup> – 15; 2<sup>nd</sup> - 13; 3<sup>rd</sup> – 11; 4<sup>th</sup> – 9; 5<sup>th</sup> – 7; 6<sup>th</sup> – 5; 7<sup>th</sup> – 3; 8<sup>th</sup> – 1

## SECTION 2: PARA-EQUESTRIAN VIDEO COMPETITION RULES

Rules of the individual riding centre still apply, except where the following are concerned:

- All Therapeutic Riding Association centres are encouraged to adhere to CanTRA Insurance guidelines as per the CanTRA Risk Management Evaluation, which can be found on the CanTRA website at [www.cantra.ca](http://www.cantra.ca).
- Competitors must have a current Equestrian Canada and PE affiliate to enter the para-dressage video competition. If the rider does not already have an Equestrian Canada sport licence or Provincial membership they will be required to purchase an Equestrian Canada sport licence (cost depends on level purchased) or registered participant (\$15.00) in addition to the para-equestrian affiliate (\$20.00). These can be renewed or purchased online through the Equestrian Canada website: <https://www.equestrian.ca/programs-services/licences>
- At all times, persons mounted on a horse must wear approved protective headgear by an accredited organization as described below:
  - ASTM (American Society for Testing Materials)
  - SEI (Safety Equipment Institute, Inc.)
  - BSI/BS EN (British Standards Institution)
  - EN (European Union Standards)
  - AS/NZS (Australian/New Zealand Standards)

Headgear must be properly fitted and securely fastened by a safety harness permanently affixed to the helmet. Failure to follow this rule will result in immediate disqualification from the competition.

- Closed heel and toe footwear with a minimum 1” heel is recommended. If a rider’s impairment prevents them from wearing footwear with a heel, the saddle must be equipped with Devonshire boots. Riders should avoid wearing loose jackets that do not show the judge(s) their position.
- Riders are encouraged to compete at their highest level of capability. Riders may only compete in one class within their development level. For example, a rider at the Introduction/Beginner level can only compete at one of the following Classes: 1, 2, OR 3.  
Please note the exception, riders in the Gold Level Para-Dressage classes and International Para-Dressage classes may compete in more than one class within their classified Grade. For example, a Grade II rider may compete at class 11, 12, AND 13  
Please see section 7 for a full list of levels and their respective classes.
- “Leaders” must lead from midway between horse’s shoulder and head, using their outside hand to hold the lead rope at their outside hip with their inside hand flat at their side or across their belly. This indicates to the judge that the leader is not influencing the horse and will only assist in an emergency.
- Horses may be shared between riders.
- Warm-up
  - Class #1 - #10 there are no restrictions on coaches schooling/warming up horses in classes. Safety is the primary consideration.
  - Class #11 - #16 - Grade IV and V riders must warm up their own horse.

- English tack must be used as well as any adaptive equipment that is required.

In all classes, tack must be safe and comfortable for both horse and rider. The rider must not be attached to the horse or saddle in any way that is deemed unsafe, as per FEI Para-Equestrian rules. (Rules are available online at <https://www.equestrian.ca/programs-services/rules>.) Any type of saddle or surcingle which is appropriate for the needs of the rider may be used.

- Classes should be recorded in an enclosed arena or ring with a minimum size of 18m x 36m (59 feet X 118 feet) and a maximum size of 20m x 40m (66 feet X 131 feet). If your arena is larger, please mark off an area of this size so that video results are similar. EXCEPTION: FEI Individual (2017) Team, Individual and Freestyle Grade IV and Grade V may also be performed in a 20m x 60m (66 feet x 197 feet) arena.
- The camera must be placed at “C” (far end of ring/arena), approximately 5 m (16.5 feet) back and between 1.5m-2.5m (5 feet-8 feet) high. If the zoom feature is used the horse may be no larger than ¼ of the screen. The recording should start approximately 5 seconds before the class or individual rider enters the arena. In an indoor arena, the rider may already be in the arena, and the recording will start 5 seconds before judging of the class begins. The recording should finish approximately 5 seconds after the class ends or after the final salute at the end of the test.
  - Always film with your back to the sun
  - Make sure you keep the camera steady and try and keep the horse in the centre of the frame
  - Try not to film when there is a sharp contrast in light and dark areas in the arena
  - Use the highest quality setting on your camera
  - Set the zoom before you start and do not alter it once you have started filming
  - Make sure the light setting is correct for the time of day you are filming at
  - Stand at C either with your back to C or behind C facing A and do not move from that spot
  - Make sure you video from the start of the test as they turn onto the centre line and keep videoing until after the final halt so we can see some walk work as they leave the arena. (Just half a dozen steps or so)
- Make sure that a well-lighted ring/arena is used and the “Leaders” and “Side Walkers” are not blocking the view of the rider.
- Competitors entering the FEI freestyle to music classes, must ensure that the sound on the video recording device is switched on and that the music can be clearly heard in the video.
- Competitors must submit their video online. Videos may be submitted through the secure Equestrian Canada server providing a YouTube link.
- The name of the video file should include the rider’s last name, horse name and class number(s) entered.
- Videos may include more than one class providing they adhere to the following restrictions: a) must have a 5 second pause between classes, b) clearly marked with the class number, date, the rider and horse.

## SECTION 3: HOW TO CREATE A YOUTUBE ACCOUNT

Go to YouTube.com and create an account. To do this, click on the 'Sign Up' button at the top of the screen. Fill out all of the requested information. An e-mail will be sent to you asking you to confirm your e-mail address. Click the link in the e-mail to confirm.

### Customize Your YouTube Profile

You can customize your profile by clicking on your username at the top of the screen. You can choose to add a photo, video logs, favorite videos, subscribers, and friends.

### Fill in the Video Upload Information

To upload a video, go to the upload page by clicking on 'Upload' in the upper right corner of the homepage. On this page, fill out your video information including title, description and tags. Tags are key words used to describe your video.

### Upload the Video to YouTube

The next step is to upload your video onto YouTube from your computer. Click on 'Upload Video' to find a video file on your computer. Next, click the browse button to search for the file you want to upload. Double click on the file and it will appear in the text box. Click on 'Upload Video.'

Please be aware that posting videos on YouTube without security settings will allow outside individuals to view your video. It is highly recommended that users set the YouTube security setting to “Unlisted” (Only those who have been provided the link, can view the video)

## SECTION 4: VIDEO COMPETITION ENTRY PROCESS AND CHECKLIST

Once competitors have a video of themselves performing a specific test, it can be uploaded to the secure Equestrian Canada server at any time before the competition deadline at [http://licence.equinecanada.ca/pec\\_video](http://licence.equinecanada.ca/pec_video)

Before uploading the video, all participants will be required to complete an online entry form, which will require the following information:

- Rider's Equestrian Canada Registered Participant and Para-Equestrian member
- Coach's name (if applicable)
- Name of the horse
- Name of the riding centre
- Class(es) entered
- Details on whether the rider is classified, non-classified, or competing hors concours
- Credit card payment information

When you are uploading your video, please ensure your video and entry meets the following requirements:

- Have you previewed your video to ensure that it is clear and meets the entry requirements?
- Is your video in one of the following file formats: avi (Audio Video Interleave), mov (QuickTime - Apple), wmv (Winder Media Video), flv (Flash)?
- Is your video less than 2 GB?
- Is your video file name properly saved (i.e., rider last name and class entered)?
- Do you have a credit card ready for payment?
- "Unlisted" YouTube link (Only those who have been provided the link, can view the video)

The results of each competition will be posted on the Equestrian Canada website at:

<https://www.equestrian.ca/sport/para-equestrian/>. Prizes will be awarded to competitors who finish in the top three places in their class for each competition, and each competitor will receive a copy of the judge's scores and comments for their test.

Please do not hesitate to contact us with any questions at: [jgoodfellow@equestrian.ca](mailto:jgoodfellow@equestrian.ca)

# SECTION 5: PARA-EQUESTRIAN VIDEO COMPETITION ONLINE APPLICATION FORM

Coaches may register competitors to compete in the 2018 video competitions online. In order for coaches to register riders, this form must be submitted to Equestrian Canada.

## RIDER DETAILS

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ Province \_\_\_\_\_ Postal Code: \_\_\_\_\_

Phone: (\_\_\_\_\_) \_\_\_\_\_ - \_\_\_\_\_ E-mail: \_\_\_\_\_

Date of Birth: \_\_\_\_/\_\_\_\_/\_\_\_\_ (DD/MM/YYYY) Name of Riding Centre: \_\_\_\_\_

Equestrian Canada / Affiliate number: \_\_\_\_\_

I agree to hold harmless and to indemnify Equestrian Canada from any and all liability for any property damage of any description or personal injury to me or to any third party or injury to my horse resulting from my participation in the above aforementioned activities. I agree that this agreement shall be binding upon my heirs, next of kin, executors, administrators and assigns in the event of my death. I agree that this agreement shall be governed and interpreted in accordance with the laws of the Province of Ontario and any litigation involving the parties to this agreement shall be brought in Ontario. In entering into this agreement I am not relying on any oral or written representation or statements made by the Releasee with respect to the safety of the equine activities other than as set forth in this agreement.

I hereby grant Equestrian Canada (EC) the right to reproduce, use, exhibit, display, broadcast, distribute and create derivative works of the photographed images or videos taken of me for use in connection with the activities of EC, or for promoting, publicizing or explaining EC or its activities. In addition, I waive any right to inspect or approve the finished product, including written copy, wherein my likeness appears. This grant includes, without limitation, the right to publish such images or videos in any of EC's, promotional materials and website, in any format and media available to EC now or in the future, including but not limited to print, broadcast, DVD, and electronic/online media.

\_\_\_\_\_  
Name of Athlete

\_\_\_\_\_  
Signature of Athlete

\_\_\_\_\_  
Date

\_\_\_\_\_  
Name of Coach

\_\_\_\_\_  
Signature of Coach

\_\_\_\_\_  
Date

## **THIS SECTION MUST BE COMPLETED IF THE RIDER IS 18 YEARS OF AGE OR UNDER**

### **Parent/Guardian Indemnity Agreement**

A parent or guardian's signature is required on the Application Form if the athlete is 18 years of age or under at the time of signing. This signature is in addition to and not in place of the Rider's signature.

I am the parent/guardian of \_\_\_\_\_, who was born on \_\_\_\_\_ and is therefore a minor at the time of signing the Application Form.

I recognize that the athlete derives benefits from signing this Application Form. I also recognize that the athlete assumes obligations thereby and I further recognize Equestrian Canada's desire and need to enforce these obligations. Accordingly, I agree to hold harmless and to indemnify Equestrian Canada from any and all liability for any property damage of any description or personal injury to the rider or to any third party or injury to rider's horse resulting from the rider's participation in the Para-Dressage Video Competition.

I hereby grant Equestrian Canada (EC) the right to reproduce, use, exhibit, display, broadcast, distribute and create derivative works of the photographed images or videos taken of me for use in connection with the activities of EC, or for promoting, publicizing or explaining EC or its activities. In addition, I waive any right to inspect or approve the finished product, including written copy, wherein my likeness appears. This grant includes, without limitation, the right to publish such images or videos in any of EC's, promotional materials and website, in any format and media available to EC now or in the future, including but not limited to print, broadcast, DVD, and electronic/online media.

\_\_\_\_\_  
PARENT/GUARDIAN NAME (PLEASE PRINT)

\_\_\_\_\_  
SIGNATURE

**PLEASE RETURN COMPLETED FORM TO:**  
Para-Dressage Department, c/o Equestrian Canada  
308 Legget Drive, Suite 100, Ottawa ON K2K 1Y6  
or e-mail: jgoodfellow@equestrian.ca



## SECTION 6: CLASS INFORMATION

This document contains details for each of classes that are offered within the para- dressage video competitions.

Riders are encouraged to compete at the highest level of their current riding ability allowing them to develop effective riding skills to progress to structured levels of competition.

When there is only one horse entered in a class, ribbons and prizes shall be awarded in accordance with the following chart of percentages:

- 1<sup>st</sup> 65% or higher
- 2<sup>nd</sup> 60% to 64.9%
- 3<sup>rd</sup> 57% to 59.9%
- 4<sup>th</sup> 54% to 56.9%

No ribbons or prizes shall be awarded below 4th position.

### Video Competition Dates

All competitors who wish to participate must have their entries submitted by 11:59pm to the Para-Equestrian website by the following deadlines:

- February 15, 2018
- March 15, 2018
- April 15, 2018
- May 15, 2018
- October 15, 2018
- November 15, 2018

**PLEASE NOTE:** Before you can participate in para-equestrian's video competition, you will be required to agree to the following before your entry is accepted.

I agree to hold harmless and to indemnify Equestrian Canada from any and all liability for any property damage of any description or personal injury to me or to any third party or injury to my horse resulting from my participation in the above aforementioned activities. I agree that this agreement shall be binding upon my heirs, next of kin, executors, administrators and assigns in the event of my death. I agree that this agreement shall be governed and interpreted in accordance with the laws of the Province of Ontario and any litigation involving the parties to this agreement shall be brought in Ontario. In entering into this agreement I am not relying on any oral or written representation or statements made by the Releasees with respect to the safety of the Equine Activities other than as set forth in this agreement.

I hereby grant Equestrian Canada (EC) the right to reproduce, use, exhibit, display, broadcast, distribute and create derivative works of the photographed images or videos taken of me for use in connection with the activities of EC, or for promoting, publicizing or explaining EC or its activities. In addition, I waive any right to inspect or approve the finished product, including written copy, wherein my likeness appears.

This grant includes, without limitation, the right to publish such images or videos in any of EC's, promotional materials and website, in any format and media available to EC now or in the future, including but not limited to print, broadcast, DVD, and electronic/online media.

# SECTION 7: PARA-DRESSAGE CLASS LIST

Riders are encouraged to compete at the highest level of their current riding ability allowing them to develop effective riding skills to progress to structured levels of competition. All trot work may be executed sitting or rising.

All competition test are available on the Para-Equestrian website under Para- Equestrian tests. The link is available through quick links from the home page.

## Introduction / Beginner Para- Dressage Classes

Introduction / Beginner classes are open to all riders who are unclassified (including those with an intellectual impairment) and riders who are classified, but riding below their classified grade.

- Class #1 Para-Equestrian Level 1 - Introduction to Dressage – Walk only with or without a leader
- Class #2 Para-Equestrian Level 2 - Introduction to Dressage – Walk only with or without a leader
- Class #3 Para-Equestrian Level 3 - Introduction to Dressage – Walk only

## Intermediate / Preparation for Bronze / Silver Level Para- Dressage Classes

Intermediate classes are open to both classified and non-classified riders, including those with an intellectual impairment (leaders are not permitted).

- Class #4 Para-Equestrian Level 1 - Introduction to Dressage – Walk & trot with or without leader
- Class #5 Para-Equestrian Level 2 - Introduction to Dressage – Walk & trot with or without leader
- Class #6 Para-Equestrian Level 3 - Introduction to Dressage – Walk & trot

## Walk/Trot/Canter Tests

- Class #7 Para-Equestrian Level 1 - Introduction to Dressage – Walk/Trot/Canter Tests
- Class #8 Para-Equestrian Level 2 - Introduction to Dressage – Walk/Trot/Canter Tests
- Class #9 Para-Equestrian Level 3 - Introduction to Dressage – Walk/Trot/Canter Tests

## Advanced / Preparation for Gold Level Para- Dressage Classes

Advanced / Preparation for Gold Level Para- Dressage test of choice class is open to non-classified riders, including those with an intellectual impairment (**leaders are not permitted**) preparing for Gold Level competitions. Riders must compete within their grade and enter within their grade in the FEI Para Equestrian Dressage Novice B (2017) tests.

- Class #10 FEI Para Equestrian Dressage Novice B (2017) Test of Choice

## Gold Level Para- Dressage Classes

Gold Level test of choice Para-Dressage classes are open to classified riders who have experience competing in Equestrian Canada Gold Level competitions. Classified riders must compete within their grade and may choose to enter either the FEI Individual Test FEI Team Test or the Freestyle Test.

- Class #11 FEI Individual (2017) Test of Choice
- Class #12 FEI Team (2017) Test of Choice

- Class #13 FEI Para -Dressage Freestyle (2017) Test of Choice

### **International Level Para- Dressage Classes**

International Para-Equestrian Dressage classes are open to International classified riders. Classified riders must compete within their grade. FEI Classified riders must compete within their grade and may choose to enter either the FEI Individual Test FEI Team Test or the Freestyle Test.

- Class #14 FEI Individual (2017) Test of Choice
- Class #15 FEI Team (2017) Test of Choice
- Class #16 FEI Para Equestrian Dressage Freestyle (2017) Test of Choice