



COACHING PROGRAM

PROFESSIONAL DEVELOPMENT ACTIVITY GUIDE

| Activity | Activity Category | Points | Limitations |
|--|----------------------------------|-----------------|--|
| First Aid/CPR Renewal in person (online renewal is not eligible for updating hours) | Multi-Sport Non-NCCP Activity | 2 points | No points for online renewal |
| Active Coaching | Sport Specific Non-NCCP Activity | 1 point/year | 1 point annually |
| Human Athlete Development (Category 1) | | | |
| Clinics (Participating): Human Athlete Sports Psychology, Kinesiology, Sport Nutrition, Conditioning and Fitness | Sport Specific Non-NCCP Activity | 1 point/hour | With a 3 point maximum per activity Maximum upgrading points per category is <u>6</u> |
| Clinics (Interactive auditing): clinic or workshop with direct interaction with clinician (sports psychology, biomechanics, kinesiology, sports nutrition, etc.) | | | |
| Courses (may be online if approved) Human Athlete Sport Psychology, Kinesiology, Sports Nutrition, conditioning and fitness, coaching/leadership, etc. | | | |
| Personal athletic development (Riding/Driving lessons) | | | |
| Personal athletic development (must be coached like personal training, yoga, cross training sport, etc.) | Multi-Sport Non-NCCP Activity | 1 point/3 hours | |
| Equine Development (Category 2) | | | |



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| Equine nutrition biomechanics, other equine physiology/sport science | Sport Specific Non-NCCP Activity | 1 point/hour | With a 3 point maximum per activity |
| Equine online accredited courses (ex: University, College, Department of Agriculture “recognized” equine institutions) | | | Maximum upgrading points per category is <u>6</u> |
| Equine Theory courses taught by a certified coach or Subject Matter Expert (subject to approval by Equestrian Canada) | | | |
| Equine health workshops: Farrier, massage, chiropractic and other professional presentations and workshops | | | |
| Coaching Skill Development: NCCP (Category 3) | | | |
| NCCP multi-sport courses/tasks: general multi-port courses | Multi-Sport NCCP Activity | 5 points/module or evaluation | Maximum upgrading points is <u>10</u> |
| NCCP equestrian courses: Equestrian Theory, Competition Coach workshop, High Performance training, etc. | Sport Specific NCCP Activity | | Maximum upgrading points is <u>10</u> |
| Courses/workshops on teaching and coaching techniques (opposed to horse training). Coaching techniques must be specifically emphasized. In person participation only, no online training will be credited | Multi-Sport Non-NCCP Activity | 1 point/hour | With a 3 point maximum per activity |
| Broad Sport Development (Category 4) | | | |
| Judges and Officials course designer clinics | Sport Specific Non-NCCP Activity | 1 point/hour | With a 3 point maximum per activity |



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| Clinics in other F.E.I. equine disciplines (ex: Reining, Vaulting, Endurance, Dressage, etc.) | | | Maximum upgrading points per category is <u>6</u> |
| Non-F.E.I. discipline and alternative training clinics | | | |
| Volunteering (Must be Equine/Equestrian related) (Category 5) | | | |
| Volunteering in a capacity that provides a new learning environment for you (Para-Equestrian, 4H, Pony Club, Therapeutic Riding, Youth Groups, Senior Groups, etc.) | Sport Specific Non-NCCP Activity | 1 point/hour | With a 3 point maximum per activity Maximum upgrading points per category is <u>6</u> |
| Leadership Activities | | | |
| Acting as a Mentor Coach | | | |
| Equine/Equestrian Services (Category 6) | | | |
| Scribing, judging or other officiating at an Equestrian Canada Sanctioned or International Driving Shows | Sport Specific Non-NCCP Activity | 1 point/hour | With a 3 point maximum per activity Maximum upgrading points per category is <u>3</u> |
| Rider Level Evaluator | | | |
| Acting as a Mentor Coach | | | |
| National, Provincial/Territorial Symposia (Category 7) | | | |
| Equestrian Canada Symposium/attending EC Convention as a Delegate, Provincial/Territorial symposia or update | Sport Specific Non-NCCP Activity | 1 point/hour | With a 3 point maximum per activity |



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| Canadian Sport for Life/Coaching Association of Canada: LTED training, conference, workshops (ex: Sport Leadership, CS4L National Conference) | Multi-Sport Non-NCCP Activity | | Maximum upgrading points per category is <u>18</u> |
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