



**2019 USDF INTRODUCTORY
LEVEL – TEST A
WALK–TROT**

December 1, 2018 -
November 30, 2022

PURPOSE	To introduce the rider and/or horse to the sport of dressage. To show understanding of riding the horse forward with a steady tempo into an elastic contact with independent, steady hands and a correctly balanced seat. To show proper geometry of figures in the arena with correct bend (corners and circles).	REQUIREMENTS	Free walk Medium walk Working trot rising 20 meter circle Halt through walk
SUGGESTED SCHEDULING TIME	5:00 Standard Arena 4:00 Small Arena (Possibly longer for schooling shows)	MAXIMUM POINTS	160

This unique series of tests provides an opportunity for the horse and/or rider new to dressage to demonstrate elementary skills. The tests have been designed to encourage correct performance and to prepare the horse for the transition to the USEF tests.

TEST			DIRECTIVES
1.	A Between X & C	Enter working trot rising. Medium walk.	Straightness on centerline and in transition; clear trot and walk rhythm.
2.	C M	Track right. Working trot rising.	Balance and bend in turn. Quality of transition.
3.	A	Circle right 20 meters, working trot rising.	Roundness and size of circle; clear trot rhythm and bend.
4.	K-X-M	Change rein.	Clear trot rhythm and straightness on diagonal; bend through corners.
5.	C	Circle left 20 meters, working trot rising.	Roundness and size of circle; clear trot rhythm and bend.
6.	Between C & H	Medium walk.	Willing and balanced transition; clear walk rhythm.
7.	H-X-F	Free walk.	Complete freedom to stretch neck forward and downward; clear walk rhythm, straightness on the diagonal; ground cover.
8.	F-A A	Medium walk. Down centerline.	Willing and balanced transition; clear walk rhythm, bending in corner and turn. Straightness on centerline.
9.	X	Halt and salute.	Straightness; willing, balanced transition at halt.

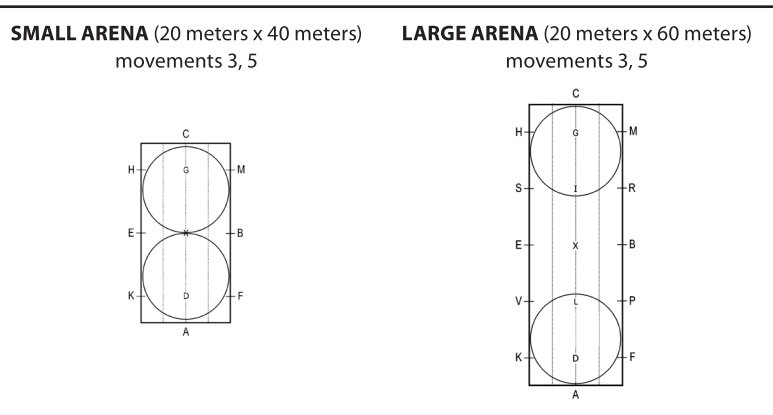
Leave arena in free walk. Exit at A.

INSTRUCTION:

- All trot work to be ridden rising.
Transitions from walk to trot and trot to walk may be performed through sitting trot with the objective of performing a smooth transition.
- Turns from center line to long side and long side to centerline should be ridden as a half circle, touching the track at a point midway between the centerline and the corner, and vice versa.

COMMENT:

Horses should be ridden on a light but steady contact, with the exception of the free walk in which the horse is allowed complete freedom to stretch neck forward and downward.



©2018 United States Dressage Federation (USDF) and United States Equestrian Federation (USEF)

All rights reserved.

Reproduction without permission is prohibited by law. Neither USDF nor USEF is responsible for any errors or omissions in the publication or for the use of its copyrighted material in an unauthorized manner.

