

**2019 USDF INTRODUCTORY  
LEVEL – TEST C  
WALK–TROT**

December 1, 2018 -  
November 30, 2022

<b>PURPOSE</b>	To introduce the rider and/or horse to the sport of dressage. To show understanding of riding the horse forward with a steady tempo into an elastic contact with independent, steady hands and a correctly balanced seat. To show proper geometry of figures in the arena with correct bend (corners and circles).	<b>REQUIREMENTS</b>	Free walk Medium walk Working trot rising 20 meter circle Halt through walk
<b>SUGGESTED SCHEDULING TIME</b>	6:00 Standard Arena 5:00 Small Arena (Possibly longer for schooling shows)	<b>MAXIMUM POINTS</b>	200

TEST			DIRECTIVES
1.	A	Enter working trot rising.	Straightness on centerline and in transitions; clear trot rhythm.
	X	Halt through medium walk. Salute - Proceed working trot rising.	
2.	C	Track right, working trot rising.	Balance and bend in turn.
3.	B	Circle right 20 meters.	Roundness and size of circle; clear trot rhythm and bend.
4.	A	Circle right 20 meters developing working canter in first quarter of the circle, right lead.	Roundness and size of circle; clear canter rhythm and bend.
	Before A	Working trot rising.	
5.		(Transition in & out of canter).	Balance and smoothness.
6.	K-X-M	Change rein, working trot rising.	Trot rhythm and straightness on diagonal; bend through corners.
7.	E	Circle left 20 meters.	Roundness and size of circle; clear trot rhythm and bend.
8.	A	Circle left 20 meters developing working canter in first quarter of the circle, left lead.	Roundness and size of circle; clear canter rhythm and bend.
	Before A	Working trot rising.	
9.		(Transition in & out of canter).	Balance and smoothness.
10.	Between F & B	Medium walk.	Willing and balanced transition; clear walk rhythm.
11.	B-H	Free walk.	Complete freedom to stretch neck forward and downward; clear walk rhythm, straightness on the diagonal; ground cover.
	H	Medium walk.	
12.	Between C & M	Working trot rising to A.	Willing and balanced transition; clear trot rhythm.
13.	A	Down centerline.	Straightness on centerline; willingness, balanced transition and halt.
	X	Halt through medium walk. Salute.	

Leave arena in free walk. Exit at A.

**INSTRUCTION:**

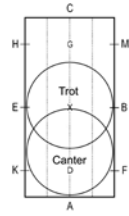
- All trot work to be ridden rising.  
Transitions from walk to trot and trot to walk may be performed through sitting trot with the objective of performing a smooth transition.
- Turns from center line to long side and long side to centerline should be ridden as a half circle, touching the track at a point midway between the centerline and the corner, and vice versa.

**COMMENT:**

Horses should be ridden on a light but steady contact, with the exception of the free walk in which the horse is allowed complete freedom to stretch neck forward and downward.



**SMALL ARENA** (20 meters x 40 meters)  
movements 3, 4, 7, 8



**LARGE ARENA** (20 meters x 60 meters)  
movements 3, 4, 7, 8

