



**2019 USDF INTRODUCTORY
LEVEL – TEST A
WALK–TROT**

December 1, 2018 -
November 30, 2022

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| PURPOSE | To introduce the rider and/or horse to the sport of dressage. To show understanding of riding the horse forward with a steady tempo into an elastic contact with independent, steady hands and a correctly balanced seat. To show proper geometry of figures in the arena with correct bend (corners and circles). | REQUIREMENTS | Free walk Medium walk Working trot rising 20 meter circle Halt through walk |
| SUGGESTED SCHEDULING TIME | 5:00 Standard Arena 4:00 Small Arena (Possibly longer for schooling shows) | MAXIMUM POINTS | 160 |

| TEST | | | DIRECTIVES |
|------|---------------|--|---|
| 1. | A | Enter working trot rising. | Straightness on centerline and in transition; clear trot and walk rhythm. |
| | Between X & C | Medium walk. | |
| 2. | C M | Track right. Working trot rising. | Balance and bend in turn. Quality of transition. |
| 3. | A | Circle right 20 meters, working trot rising. | Roundness and size of circle; clear trot rhythm and bend. |
| 4. | K-X-M | Change rein. | Clear trot rhythm and straightness on diagonal; bend through corners. |
| 5. | C | Circle left 20 meters, working trot rising. | Roundness and size of circle; clear trot rhythm and bend. |
| 6. | Between C & H | Medium walk. | Willing and balanced transition; clear walk rhythm. |
| 7. | H-X-F | Free walk. | Complete freedom to stretch neck forward and downward; clear walk rhythm, straightness on the diagonal; ground cover. |
| 8. | F-A | Medium walk. | Willing and balanced transition; clear walk rhythm, bending in corner and turn. |
| | A | Down centerline. | |
| 9. | X | Halt and salute. | Straightness; willing, balanced transition at halt. |

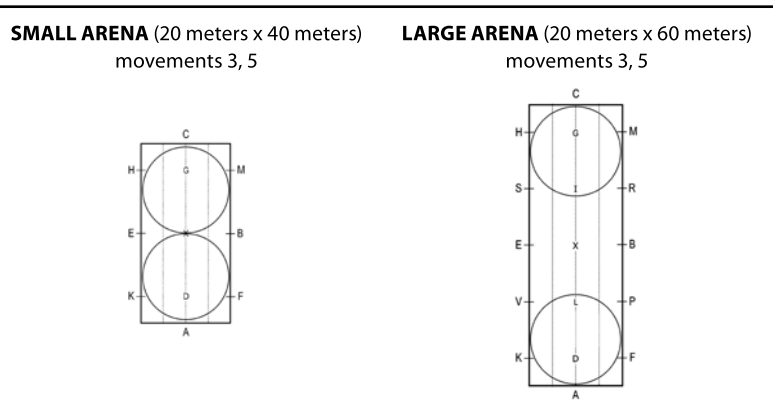
Leave arena in free walk. Exit at A.

INSTRUCTION:

- All trot work to be ridden rising.
Transitions from walk to trot and trot to walk may be performed through sitting trot with the objective of performing a smooth transition.
- Turns from center line to long side and long side to centerline should be ridden as a half circle, touching the track at a point midway between the centerline and the corner, and vice versa.

COMMENT:

Horses should be ridden on a light but steady contact, with the exception of the free walk in which the horse is allowed complete freedom to stretch neck forward and downward.



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