



## **EQUESTRIAN CANADA PARA-EQUESTRIAN MEDICAL INFORMATION FORM**

The Para-Equestrian Medical Form allows competitors with a physical and sensory impairment to compete at Equestrian Canada Bronze level competitions with the use of compensating (adaptive) aids.

It is very important that you take an opportunity to read through the information within this document, as it has detailed information on the use of compensating aids at Equestrian Canada Bronze competitions.

*Exception: Competitors with hearing loss only, may use the Para-Equestrian Medical Form at Equestrian Canada Gold level competitions.*

### **Compensating (adaptive) Aids**

Compensating (adaptive) aids are used by athletes to compensate for the physical limitation resulting from their impairment, thereby enabling them to ride a horse.

For example, a hand hold on the front of the saddle enables someone with a high level spinal cord injury to balance on the horse. A compensating aid is not to be used to compensate for lack of riding skill or provide an advantage to the athlete as an aid to enhance the horse's performance - this would be considered a training aid. The well-being of the horse is paramount in considering the use of any compensating aid.

It is the responsibility of each competitor and coach to ensure all compensating aids used in competition have been documented correctly on their Equestrian Canada Para-Equestrian Medical Form.

### **Competitors with a disability**

Competitors with a disability may compete in both Equestrian Canada non-disabled competitions and in para-equestrian specific competitions.

- Competitors with a disability who use compensating aids and are competing at the Equestrian Canada Bronze level must have a Para-Equestrian Medical Form that identifies the adaptive/compensating aid(s) that they are permitted to use in competition.
- Competitors with a disability who use compensating aid(s) and are competing at the Equestrian Canada Silver or Gold level must have a Para-Equestrian Athlete Classification Card that identifies the compensating aid (s) that they are permitted to use in competition.

*Note: Classified athletes competing in Equestrian Canada Bronze level are permitted to compete with additional compensating aid(s) given the athlete has an Equestrian Canada Para-Equestrian Medical Form that specifically lists the compensatory aid(s).*



### **Completion of the Equestrian Canada Para-Equestrian Medical Form**

1. The athlete who has not been classified and a coach must review and discuss the need for compensating aids to determine which would be required and suitable for the athlete. For a list of approved aids, please visit our website [here](#).
2. The athlete's physician must complete and sign the Diagnosis Information Form (page 4 of this document).
3. The athlete must submit the completed Medical Information Form and Diagnosis Information Form to the Para-Equestrian department at Equestrian Canada. All information within both forms must be completed.
4. A copy of the Diagnosis Information Form will remain at the Equestrian Canada office on file and is not required to be submitted when entering competitions.
5. The Equestrian Canada Para-Equestrian Medical Form is valid for two years from the date the Physician signs the Diagnosis Information Form. However, the expiry date of the form may be extended at the discretion of the Para-Equestrian Classification Committee depending in the rider's medical diagnosis.
6. It is the responsibility of each competitor to ensure all compensating aid(s) they use in Bronze level competition have been documented correctly on their Equestrian Canada Para-Equestrian Medical Form. If an aid is not listed, the competitor is not permitted to use that aid.
7. Athletes must submit a copy of their Equestrian Canada Para-Equestrian Medical Form (Page 3) with their entries and carry a copy of the form with them at all times while on the competition grounds.
8. Competition organizers will notify the competition official(s) before the start of the competition if there is a competitor who will be competing with compensating aids pursuant to a valid Medical Information Form. The competition steward(s)/technical delegate(s) official(s) have the right and responsibility to inspect the aids and, if warranted, to declare an aid unsafe for horse or competitor. The competitor must be able to fall free of the horse.
9. At Bronze Level, athletes may compete at the Grade they feel most comfortable performing in. However, athletes are encouraged to compete at the highest level of their ability.



# EQUINE CANADA PARA-EQUESTRIAN MEDICAL INFORMATION FORM

All sections of this form must be completed. This form expires two years from the date the Diagnosis Information Form is signed. However, the expiry date of the form may be extended at the discretion of the Para-Equestrian Canada Classification Committee depending on the rider's medical diagnosis.

Athletes must submit a copy of this Equine Canada Para-Equestrian Medical Form with their entries and carry a copy of the form with them at all times while on the competition grounds.

ATHLETE'S FULL NAME .....

ADDRESS.....

TELEPHONE NUMBER .....DATE OF BIRTH .....GENDER .....

COACH'S FULL NAME .....

**COACH REPRESENTS AND WARRANTS BY MEANS OF THE SIGNATURE BELOW THAT THE ATHLETE REQUIRES THE FOLLOWING LISTED COMPENSATING AIDS IN COMPETITION DUE TO THE ATHLETE'S DISABILITY: (PLEASE PRINT)**

_____	_____	_____	_____
_____	_____	_____	_____
_____	_____	_____	_____

- I, the athlete, have filed the Medical and Diagnosis Information forms with Equine Canada
- I, the athlete, agree to hold harmless and to indemnify Equine Canada from any and all liability for any property damage of any description or personal injury to me or to any third party or injury to my horse resulting from my use of the above aids. I am aware of Equine Canada bylaws, policies, rules, and regulations and agree to abide by them and to be bound by them.
- I, the athlete, have reviewed the Para-Equestrian compensating aids information and discussed compensating aids with my coach.

\_\_\_\_\_  
RIDER SIGNATURE

\_\_\_\_\_  
DATE

\_\_\_\_\_  
COACH'S SIGNATURE

\_\_\_\_\_  
DATE

**THIS SECTION MUST BE COMPLETED IF THE RIDER IS 18 YEARS OF AGE OR UNDER**

**PARENT/GUARDIAN INDEMNITY AGREEMENT**

A parent or guardian's signature must accompany the Medical Information Form if the athlete is 18 years of age or under at the time of signing the Medical Information Form. This signature is in addition to and not in place of the athlete's signature on the Medical Information Form.

I am the parent/guardian of \_\_\_\_\_, who was born on \_\_\_\_\_ and is therefore a minor at the time of signing the within Medical Form.

I recognize that the athlete derives benefits from signing this Medical Information Form. I also recognize that the athlete assumes obligations thereby and I further recognize Equine Canada's desire and need to enforce these obligations. Accordingly, I agree to hold harmless and to indemnify Equine Canada from any and all liability for any property damage of any description or personal injury to the athlete or to any third party or injury to athlete's horse resulting from the athlete's use of the above aids.

\_\_\_\_\_  
PARENT/GUARDIAN NAME (PLEASE PRINT)

\_\_\_\_\_  
DATE

\_\_\_\_\_  
PARENT/GUARDIAN SIGNATURE

\_\_\_\_\_  
WITNESS



# EQUESTRIAN CANADA PARA-EQUESTRIAN DIAGNOSIS INFORMATION FORM

**THIS SECTION TO BE COMPLETED BY A DOCTOR OF MEDICINE ONLY (PLEASE PRINT):**

The Physician must certify the athlete's medical condition/diagnosis with a signature, license number and a stamp.

**ATHLETE'S NAME** .....

**PHYSICIAN'S NAME** .....

**ADDRESS** .....

**PHYSICAL MEDICAL CONDITIONS** (which necessitate the use of adaptive aids in equestrian competition). Please do not list symptoms:

.....  
.....  
.....

I hereby certify that the athlete named above is a current patient and has the medical conditions specified above.

**SIGNATURE OF DOCTOR** ..... **DATE** .....

**LICENSE NUMBER:** .....

***Information within this form is only for the athlete file at Equestrian Canada and is not to be submitted with athlete entries. Please be assured that all information related to medical condition/diagnosis will remain confidential and is securely stored at the Equestrian Canada office.***